

**THANK YOU SPONSORS!**

**Blue Ribbon Sponsors 2010**



**Red Ribbon Sponsors 2010**



**White Ribbon Sponsors 2010**



**Saint Alphonsus**

**You are helping the  
Blind of Southwest Idaho**

**We Thank Our Volunteers!**

There are many VOLUNTEERS who help to make Cycle for Independence what it is.

Thank you! Thank you! Thank you!

To volunteer, call 336-5333

- Ken Bass, morning anchor from 94.9FM, The River, will send off riders.
- Volunteers from Voice of Idaho Amateur Radio Club will handle rest-stop communications and sag wagons.
- Members of the Boise Vista Lions Club will loan us their huge tent and set it up.
- Lunch prepared by Boise Capital Lions Club.



Voice of Idaho HAM Radio Club

**12<sup>th</sup> Annual**



**Cycle  
for Independence**

National Federation of the Blind

**Saturday, May 22, 2010**

**Start/Finish Point:**

Riverglen Junior High School  
6801 N. Gary Lane  
Boise Idaho 83703



Pre-Register online at  
[www.tvcblindidaho.org](http://www.tvcblindidaho.org)

or Mail to

**PO Box 2007  
Boise, ID 83701**

Pre-registration must be received  
on or before **May 17, 2010.**

**Treasure Valley Chapter, NFBI**



## 12<sup>th</sup> Annual Cycle for Independence

Fees and donations are used to provide assistance to the blind of this area.

### Three Routes

Metric Century, 25-Mile, and 10-Mile

### Sign In Times

Metric Century 7:15 to 7:45 a.m.  
25-Mile 8:15 to 8:45 a.m.  
10-Mile 9:00 to 9:20 a.m.

**Metric Century begins at 8 a.m.**

**25-Mile begins at 9 a.m.**

**10-Mile begins at 9:30 a.m.**

### Entry Fees:

\$35.00 Metric Century Riders  
\$35.00 25-Mile Riders  
\$30.00 10-Mile Riders  
\$20.00 Student Riders

**All Team Riders receive a \$5 fee reduction, if they pre-register by May 17**  
**Pre-register Online or Download Entry Forms at: [www.tvcblindidaho.org](http://www.tvcblindidaho.org)** & mail your fees/form to us.

You must pre-register by May 17. All who pre-register receive free bike socks! They have been very popular!

Riders and volunteers will receive a goody bag, free lunch, and an opportunity to win exciting door prizes!! You must be present to win.

**Helmets required!**

**Treasure Valley Chapter**, National Federation of the Blind of Idaho (NFB) brings hope and confidence to blind people. Adjusting to blindness is not fun, but with proper help newly blinded people can learn to lead active and satisfying lives.



### The NFB ...

- Awards scholarships to blind college students
- Publishes Braille and recorded materials about blindness
- Provides information about blindness to sighted people
- Advocates for blind people who face discrimination
- Assists blind people in finding employment
- Develops new technology for the blind
- Makes newspapers available to the blind by telephone (NFB-Newsline®)

You are helping change what it means to be blind. Although there is a lot of work left to do, the world is truly a better place for the blind today. Thank you.

For more information about blindness or to arrange a speaking engagement for a class or organization, call: (208) 336-5333 or write:

**Treasure Valley Chapter,  
National Federation of the Blind of Idaho**  
PO Box 2007, Boise, ID 83701



## Get a Team Together!

A team is five riders or more. Pick a Team Captain and sign up with family members, neighbors, or co-workers. Dress your team in t-shirts or company apparel so we can recognize your group. Challenge other teams to meet or beat the number of riders in your group.

The Cycle for Independence is an opportunity to do something wonderful with and for the blind of this area.

Team members must pre-register on or before **May 17** to receive a \$5 discount & free bike socks:

### Team Discounts (Not Available after May 17)

\$30 Metric Century  
\$30 25-Mile  
\$25 10-Mile  
\$15 Students on a Team, any route

**All team members must be within the first 600 riders.**