

We Thank Our Volunteers!

There are many **VOLUNTEERS** who help to make the Cycle for Independence what it is.

Thank You! Thank You! Thank You!

To volunteer, call 336-5333

- ⤴ Ken Bass, morning anchor from 94.9, The River, will send off riders.
- 📻 Volunteers from Voice of Idaho Amateur Radio Club will handle rest-stop communications and sag wagons.
- ⚠ Members of the Boise Vista Lions Club will loan us their huge tent and set it up.
- 👐 Get a free massage!
- 🍽 Lunch prepared by Boise Capital Lions Club.



Nordic Ski Patrol

THANK YOU SPONSORS!

White Ribbon Sponsors 2009



Saint Alphonsus

THANK YOU SPONSORS!

Blue Ribbon Sponsors 2009



Red Ribbon Sponsors 2009



Boise Capital Lions Club



**You are helping the
Blind of Southwest Idaho**



Of Idaho

Treasure Valley Chapter, NFBI

11th Annual

Cycle for Independence

Saturday, May 16th, 2009



Start/Finish Point:

Riverglen Junior High School
6801 N. Gary Lane
Boise Idaho 83703

Pre-Register Online at
www.tvcblindidaho.org

OR Mail to

PO Box 2007

Boise, ID 83701

To pre-register Entry Forms must be
received on or before **May 11, 2009.**

Maximum Riders—600



11th Annual Cycle for Independence

Fees and donations are used to provide assistance to the blind of this area

Three Routes

Metric Century, 25-Mile, and 10-Mile

Sign In Times

Metric Century 7:15 to 7:45 a.m.

25-Mile 8:15 to 8:45 a.m.

10-Mile 9:00 to 9:20 a.m.

Metric Century begins at 8 a.m.

25-Mile begins at 9 a.m.

10-Mile begins at 9:30 a.m.

Entry Fees:

\$35.00 Metric Century Riders

\$35.00 25-Mile Riders

\$30.00 10-Mile Riders

\$20.00 Student Riders

All Team Riders receive a \$5 fee reduction, if they pre-register by May 11

Pre-register Online OR Download Entry Forms at:

www.tvclindidaho.org & mail your fees/form to us. You must pre-register by May 11. All who pre-register receive free bike socks! They have been very popular!

Riders and volunteers will receive a goody bag, free lunch, and an opportunity to win exciting door prizes!! You must be present to win.

Helmets are required for all routes!

First Ride of the Treasure Valley Charity Bike Series! www.tvcbs.org

Treasure Valley Chapter

National Federation of the Blind of Idaho (NFB) brings hope and confidence to blind people. Adjusting to blindness is not fun, but with proper help newly blinded people can learn to lead active and satisfying lives.



The NFB ...

Awards scholarships to blind college students
Publishes Braille and recorded materials about blindness

Provides information about blindness to sighted people

Advocates for blind people who face discrimination

Assists blind people in finding employment

Develops new technology for the blind

Makes newspapers available to the blind by telephone (NFB-Newsline@)

You are helping change what it means to be blind. Although there is a lot of work left to do, the world is truly a better place for the blind today. Thank you.

For more information about blindness or to arrange a speaking engagement for a class or organization, call: (208) 336-533 or write: PO Box 2007, Boise, ID 83701.

**Treasure Valley Chapter,
National Federation of the Blind of Idaho**

Get a Team Together!

A team is five riders or more on any route combination. This is a way of getting a discount on a fun group activity. Each team member receives a \$5 discount and **must pre-register**.

Pick a Team Captain and sign up with family members, neighbors, or co-workers. Dress your team in t-shirts or company apparel so we can recognize your group.

Challenge other teams to meet or beat the number of riders in your group. The Cycle for Independence is an opportunity to do something wonderful with and for the blind of this area.

Teams must pre-register by **May 11** and each rider receives a \$5 discount & free bike socks:

Team Discounts (Not Available after May 11)

\$30 Metric Century

\$30 25-Mile

\$25 10-Mile

\$15 Students on a Team, any route

All team members must be within the first 600 riders.

